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Capitale Sociale i.v. Euro
65.000,00

Società con Sistema Gestione
Qualità ISO 9001:2015
by Kiwa Cermet Italia
REG. N° 6113-A

TITOLO DELL'EVENTO: INVESTING IN THE FUTURE | 7th SEA-IEM, South European Academy - Nutrition Education of IEM
DATA: 3 e 4 Marzo 2026

LUOGO DELL'EVENTO RESIDENZIALE: Aula Mario Baratto, Università Ca' Foscari, Sestiere Dorsoduro, 3246, 30123 Venezia
LUOGO DELL'EVENTO VIRTUALE: https://www.fad-duecipromotion.com/

ACCREDITAMENTO EVENTO RESIDENZIALE

ECM

OBBIETTIVO FORMATIVO	Linee guida – protocolli - procedure
DURATA DELL'EVENTO	7 ore
TIPOLOGIA EVENTO	Residenziale
CREDITI FORMATIVI	7
ID ECM	1463-472197

EACCME
INVESTING IN THE FUTURE | 7th SEA-IEM, South European Academy - Nutrition Education of IEM applied for CME accreditation

ACCREDITAMENTO EVENTO VIRTUALE

ECM

OBBIETTIVO FORMATIVO	Linee guida – protocolli - procedure
DURATA DELL'EVENTO	7 ore
TIPOLOGIA EVENTO	FAD
CREDITI FORMATIVI	10,5
ID ECM	1463-472210

EACCME
INVESTING IN THE FUTURE | 7th SEA-IEM, South European Academy - Nutrition Education of IEM applied for CME accreditation

RESPONSABILE SCIENTIFICO

Burlina Alberto
Professor of Pediatrics
Director Division of Inherited Metabolic Diseases
Reference Centre Expanded Newborn Screening
University Hospital Padova, Italy

BOARD SCIENTIFICO

Burlina Alberto
Professor of Pediatrics
Director Division of Inherited Metabolic Diseases

Reference Centre Expanded Newborn Screening
University Hospital Padova, Italy

Alvaro Hermida
Full Professor of Medicine Department, University of Santiago de Compostela
Superior Center of Reference Unit (CSUR) Statewide to the Diagnosis and Treatment of Congenital Metabolic Diseases Unit of the University Clinical Hospital of Santiago.
Ministry of Health, Social Services and Equality
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Reference Centre of Inherited Metabolic Diseases, Centro Hospitalar Universitario de Lisboa Central
Lisboa, Portugal

RAZIONALE SCIENTIFICO

The clinical management of inherited metabolic disorders (IEMs) requires ongoing updates in knowledge and competencies due to the expanding evidence base, the introduction of novel nutritional and pharmacological interventions, and the increasing complexity of long-term patient care. In continuity with previous editions of the South European Academy, the 7th SEA-IEM educational program has been designed to address current professional practice gaps and support the continuous professional development of clinicians and dietitians involved in the care of individuals with IEMs.
This program aims to deepen participants' understanding of nutrition in IEMs covering topics from maternal and infant nutrition, management of overweight and obesity, nutritional approaches in emergency situations, and emerging field of home PKU monitoring methodologies, as outlined in the scientific program.
Through state-of-the-art lectures, debates, Q&A sessions and practical sessions, the course offers an opportunity to critically appraise new evidence, strengthen nutritional management across clinical contexts and life stages, and continue to share enriching experiences from daily practice.
Particular emphasis will be placed on refining nutritional strategies, integrating dietary management with pharmacological treatments, understanding the implications of metabolic control over time, and optimizing patient outcomes through individualized management plans. The SEA-IEM Lab sessions will foster collaborative learning, allowing participants to apply theoretical concepts to real-world clinical scenarios. The inclusion of selected oral presentations further supports the exchange of clinical experience and contributes to the dissemination of emerging knowledge within the field.
Overall, this CME activity is intended to strengthen participants' competencies in evidence-based decision making, interdisciplinary collaboration, and patient-centered management of IEMs, ensuring alignment with evolving standards of care and improving the quality of services delivered to metabolic patients.

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PROGRAMMA

DAY 1

3rd March 2026

CET TIME

1.45 p.m.	Welcome and Registration
2 p.m.	**Greetings and conference presentation** *A. Burlina, A. Pession, M. Ruoppolo*
2.10 p.m.	*Opening Lecture* **Use of protein substitutes in drug therapy in PKU** *A. MacDonald*

Session I: MATERNAL AND INFANT NUTRITION
Chair: A. MacDonald

2.30 p.m.	**Pregnancy in PKU – nutritional aspects** *S. Beblo*
2.45 p.m.	**Human milk feeding in PKU vs other IEMs** *F. Ilgaz*
3.00 p.m.	**Impact of early nutrition management in infants in PKU vs other IEMs** *J.C. Rocha*
3.15 p.m.	**PKU in Italy: data from a National Survey** *C. Cazzorla*
3.25 p.m.	**Q&A** *Speakers of Session I and attendees*
3.40 p.m.	**SEA – IEM LAB: Sharing practical experiences** *S. Beblo, F. Ilgaz, J.C. Rocha*
4.10 p.m.	Coffee Break

Session II: MANAGEMENT OF OVERWEIGHT AND OBESITY
Chair: A. Hermida

4.30 p.m.	**Preventing overweight and obesity in pediatric IEMs** *J.C. Rocha*
4.45 p.m.	**Managing overweight and obesity in adult IEMs**

A. Hermida

5.00 p.m. **Debate**
Managing weight: role of protein substitutes and drugs
A. Hermida, A. MacDonald, J.C. Rocha

Session III: MONITORING OF PKU
Chair: A. MacDonald

5.15 p.m. **Different monitoring methodologies**
A. Burlina

5.30 p.m. **Test frequency and home Phe monitoring**
A. Pinto

5.45 p.m. **Q&A**
Speakers of Session III and attendees

6.00 a.m. **SEA – IEM LAB: Sharing practical experiences**
A. Hermida, J.C. Rocha

6.30 p.m. **End of day 1**

DAY 2

4th March 2026

CET TIME

8.45 a.m. Registration

9.00 a.m. **SEA – IEM LAB: Sharing practical experiences**
A. Hermida, J.C. Rocha

Session IV: EMERGENCY MANAGEMENT
Chair: A. Burlina

10.00 a.m. **Nutritional management of the emergencies across IEMs and different age**
E. Petropoulou

10.15 a.m. **Importance of refeeding after decompensation in pediatric age**
A. Bélanger Quintana

10.30 a.m. **Importance of refeeding after decompensation in adults**
L. M. Luengo

10.45 a.m. Coffee break

11.05 a.m.	**Pros and Cons | Emergency Nutrition in IEMs: The Dos and Don'ts** *A. Hermida (cons), A. Pinto (pros)*
11.25 a.m.	**Discussion**
12.00 a.m.	**Awards for Best Scientific Contributions** *A. Burlina*
12.15 a.m.	**Take home messages** *All chairs*
12.45 a.m.	**Closing Ceremony & Greetings** *A. Burlina*
	CME Questionnaire

ACRONIMI

PKU	Phenylketonuria
IEMs	Inborn Errors of Metabolism
Phe	Fenilalanina

DESCRIZIONE DELLE SESSIONI PRATICHE: SEA – IEM LAB: Sharing practical experiences

The SEA – IEM LAB session is dedicated to sharing practical experiences in the field of nutritional education for Inborn Errors of Metabolism (IEM). Through a laboratory-based and interactive approach, the faculty will transfer the theoretical principles of Nutrition Education of IEM into strategies applicable to everyday clinical practice. Multidisciplinary experiences will be presented, focusing on personalized nutritional management, patient and family engagement, and the implementation of effective educational pathways, encouraging professional exchange and discussion of practical, experience-based solutions.

QUOTA DI ISCRIZIONE: Gratuita

SEGRETERIA ORGANIZZATIVA E PROVIDER ECM

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TABELLA FACULTY

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NOME COGNOME	***PROFESSIONE***	***DISCIPLINA***	***ENTE DI APPARTENENZA/ LIBERA PROFESSIONE***	***DESCRIZIONE ATTVITA'PROFESSIONALE /FORMATIVA***
Burlina Alberto	Medico chirurgo	Pediatry	University Hospital of Padova Padova, Italy	Professore Ordinario
Cazzorla Chiara	Medico chirurgo	Psicology	University Hospital of Padova - U.O.C. Malattie metaboliche ereditarie	Dirigente Medico
Tosi Martina	Medico chirurgo	Dietician	Università degli Studi di Milano, Ospedale dei Bambini Vittore Buzzi	Dirigente Medico
Ilgaz Fatma	Medico chirurgo	Pediatry	Hacettepe University, Ankara, Turchia	Dirigente Medico
Pinto Alex	Medico chirurgo	Dietist - Nutriti	Birmingham Children's Hospital Birmingham, UK	Dirigente Medico
Hermida Ameijeiras Alvaro	Medico chirurgo	Internal Medic	Universidade De Santiago de Compostela	Professor
Petropoulou Eleana	Medico chirurgo	IMD dietitian	Chief Pediatric & Newborn Screening Dietitian for Greece ·	Dirigente Medico
MacDonald Anita	Medico chirurgo	Dietist - Nutriti	Birmingham Children's Hospital Birmingham, UK	Dirigente Medico
Pession Andrea	Medico chirurgo	Pediatry	Alma Mater DIMEC, Università of Bologna, Bologna (IT)	Professore Ordinario
Rocha Júlio César	Medico chirurgo	Dietist - Nutriti	NOVA University Lisbon, Portugal	Professor
Bélanger Quintana Amaya	Medico chirurgo	Dietist - Nutriti	Unidad de enfermedades metabolicas, Hospital Universitario Ramón y Cajal Carretera de Colmenar Viejo, Madrid	Dirigente Medico
Luengo Louis	Medico chirurgo	Pediatry	Department of Endocrinology and Nutrition, Hospital Universitario de Badajoz, Badajoz, Spain	Dirigente Medico
Ruoppolo Margherita	Medico chirurgo	Molecular med	Professore di Biochimica, Università Federico II, Napoli	Professore Ordinario