

11TH MEDITERRANEAN MAUDSLEY FORUM

Palermo, 25-28 maggio 2026

Razionale scientifico:

The Mediterranean Maudsley Forum, this year at its 11th Edition, is an international congress, which aims to bring together Psychiatrist at different stages of their career from Italy as well as across the world. Recent events have shown how the clinical and academic community thrives when collaborating and exchanging knowledge and experience. The program includes speakers who are world leading expert in many areas of Psychiatry. It offers an update on epidemiological evidence, as well as biological data to integrate the understanding of the aetiology of Psychiatry Major Disorders with the development of new pharmacological interventions and therapeutics strategies more broadly, across different clinical settings. The talk on the impact of migration on Mental Health, is a reminder of how societal changes and trends impact on the incidence and prevalence of mental conditions. Indeed, the program includes a session on Psychiatry and the media, which remain a central tool to carry out prevention, disseminate data and engage the general population on new treatments and advances in Psychiatry.

Moreover, we dedicate a full day to new pharmacological therapies as well as to new data supporting well establish treatments, promoting good practise and prescribing.

The workshops give the opportunity, in smaller groups, to learn from experienced experts on the setting up of new services and the management of complex clinical tasks. The poster session is an opportunity for the attendees to present their work and receive feedback from other colleagues and the speakers attending the congress.

The breadth of topics proposed alongside the diversity of the speakers, offer a unique opportunity to exchange, collaborate and integrate research updates into a translational framework aimed at improving clinical practice and good prescribing.

Programma:

Monday 25 May

08:30 – 09:15 Registration

09:15 – 09:20 Welcoming remarks

Professor Sir Robin Murray

Professor Diego Quattrone

Chair: **Professor Diego Quattrone**

09:30 – 10:30 From risk factors to treatment: changing the way we manage Psychotic Disorders

Professor Sir Robin Murray

10:30 – 11:00 Break

Chair: **Professor Diego Quattrone**

11:00 – 12:00 *Psychological therapy for people with distressing symptoms of psychosis and PTSD: Results from the STAR trial (Study of Trauma And Recovery)*

Professor Emmanuelle Peters

Chair: **Professor Sir Robin Murray**

12:00 – 13:00 *Psychosis and mental illness in Women*

Professor Iris Sommer

13:00 – 14:00 Lunch

Chair: **Professor Laura Ferraro**

14:00 -15:00 *Cannabis and Psychosis: from onset to treatment*

Professor Marta Di Forti

15:00 – 15:30 Break

Chair: **Professor Marta Di Forti**

15:30 – 16:15 *State-based Autobiographical Memory of Psychosis (SAMP): A novel paradigm with updates from an international consortium*

Professor Eric Chen

16:30 – 17:30 **Poster Session*** (*sessione non accreditata ECM*)

Tuesday 26 May

Chair: **Professor Sir Robin Murray**

09:30 – 10:30 *Treatment resistant depression, new treatment frontiers*

Professor Tony Cleare

10:30 – 11:00 *Break*

Chair: **Professor Professor Martinotti**

11:00 – 12:00 *Treating Bipolar Disorder Beyond Polarity: A Dynamic Framework for a Moving Target*

Professor Andrea Fagiolini

Chair: **Professor Diego Quattrone**

12:00 – 13:00 *Working with migrants in the context of mental health services*

Professor Ilaria Tarricone

13:00 – 14:00 *Lunch*

Chair: **Professor Sir Robin Murray**

14:00 – 15:00 *Neurosurgery and Psychiatry in 2025*

Professor Anton Grech and Professor Ludvic Zrinzo

15:00 – 15:30 *Break*

15:30 – 16:45 WORKSHOP (**sessione non accreditata ECM**)

A) *Adult ADHD and ASD, challenges in diagnosis and treatment*

Dr Mike Newson

B) *Which antipsychotics are easier to taper off?*

Professor Iris Sommers

Wednesday 27 May

Chair: **Professor Sir Robin Murray**

09:30 – 10:30 *Prevention and Early Intervention in Psychiatry: From Psychosis to a Transdiagnostic Approach within a Youth Mental Health Paradigm*

Professor Pat McGorry

10:30 – 11:00 *Break*

Chair: **Professor Diego Quattrone**

11:00 – 12:00 *Party drugs and youth mental health*

Professor Giovanni Martinotti

Chair: **Professor Marta Di Forti**

12:00 – 13:00 *Circadian Rhythms, Sleep and Mental Health: Mechanisms to Treatments*

Professor Russell Foster

13:00 – 14:00 *Lunch*

Chair: **Professor Laura Ferraro**

14:00 – 15:00 *From Gene–Environment Interactions to Crisis and Violence: When Environment Does the Heavy Lifting in Designing Safer, Compassionate Psychiatric Intensive Care*

Professor Diego Quattrone

15:00 – 15:30 *Break*

15:30 – 16:45 WORKSHOP (*sessione non accreditata ECM*)

A) *Can genes help us to work out how we sleep*

Dr Isabelle Austin–Zimmerman

B) *The raise on party drugs and Mental health*

Professor Giovanni Martinotti

Thursday 28 May

Chair: **Professor Diego Quattrone**

09:30 – 10:15 *SMS–ME –Student Mental–health Support via a Machine–learning and Self–explainable Model*

Professor Laura Ferraro

Clinical and Behavioral Characteristics of Patients Treated with Antipsychotics: Findings from The RISKMET Study

Dr Giada Tripoli

Chair: **Professor Marta Di Forti**

10:15 – 11:00 *“TUTTO” project and Palermo outpatient service for people with Gender Dysphoria*

Professor Erika La Cascia

Understanding Gender Dysphoria: Clinical Perspectives on Inner Experience and Psychological Well–Being

Professor Giuseppe Maniaci

11:00 – 11:30 *The plastic surgeon approaches for people with Gender Disphoria*

Dr: Giovanni Zabbia

Gender-affirming hormone therapy in transgender people

Dr: Stefano Radellini

11:30 – 12:00 *Break*

Chair: **Professor Laura Ferraro and Professor Marta Di Forti**

12:00 – 13:00 *A conversation with people with lived experience*

Professor Erika La Cascia and Professor Giuseppe Maniaci

Take home message and CME Questionnaire (only for Italian attendees in presence)

* POSTER SESSION

- 1) **Autori:** Somayyeh Azimi*^{1,2}, Nasir Uddin*^{1,3}, Kirsty Snelgrove⁴, Ettore Guaia⁴
*Joint first authors

Affiliazioni:

¹ Clinical Research Centre, North Metropolitan Health Service, Mental Health, Perth, Western Australia, Australia

² School of Health and Clinical Sciences, The University of Western Australia, Perth, Western Australia, Australia.

³ School of Population and Global Health, The University of Western Australia, Perth, Western Australia, Australia

⁴ North Metropolitan Health Service, Mental Health, Public Health and Dental Services, Graylands Hospital, Western Australia, Australia

Titolo del poster: Youth Mental Health in Australia Over a Decade: Temporal Patterns in Burden and Hospitalisations

- 2) **Autori:** Davide Mangiapane¹, Sarah Milo¹, Giuseppe Pipitone¹, Salvatore Gabriel Intorre¹, Elena Pulselli¹, Giuseppe Maniaci¹, Caterina La Cascia¹, Diego Quattrone^{1,2}, Laura Ferraro¹

Affiliazioni:

¹ Department of Biomedicine, Neuroscience and Advanced Diagnostics, Psychiatry Section, University of Palermo, Italy

² Institute of Psychiatry, Psychology & Neuroscience, King's College London, London, United Kingdom

Titolo del poster: Evaluation of Paranoid Symptoms in Non-Psychiatric Italian Cannabis Users: A Preliminary Analysis of I-CAME Data

- 3) **Autori:** Valeria Lumetta¹, Diego Quattrone^{1,2}

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¹ Department of Biomedicine, Neuroscience and Advanced Diagnostics, Psychiatry Section, University of Palermo, Italy

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Titolo del poster: An Examination of Sex Differences in Clozapine Effectiveness and Tolerability

- 4) **Autori:** Alessandro Di Lisi¹, Andrea Quattrone²

Affiliazioni:

¹ University of Bologna, Bologna, Italy

² Institute of Biomedical Sciences Abel Salazar (ICBAS), University of Porto, Porto, Portugal

Titolo del poster: A Cross-Country Comparison of Psychosis Risk Factor Prevalence in London and Bologna

- 5) **Autori:** Andrea Quattrone¹, Eleni Petkari², Pedro Afonso E Costa Toipa³, Yifei Lang⁴; Manuel Gonçalves-Pinho¹, Diego Quattrone^{4,6}, Robin MacGregor Murray⁴, Celeste Silveira^{3,5}, Mariana Pinto da Costa^{1,4}

Affiliazioni

¹ Institute of Biomedical Sciences Abel Salazar (ICBAS), University of Porto, Porto, Portugal

² Personality, Assessment and Psychological Treatments, School of Psychology, University of Malaga, Spain

³ Hospital Centre of São João, Porto, Portugal

⁴ Institute of Psychiatry, Psychology & Neuroscience, King's College London, London, United Kingdom

⁵ Faculty of Medicine, University of Porto, Porto, Portugal

⁶ Department of Biomedicine, Neuroscience and Advanced Diagnostics, Psychiatry Section, University of Palermo, Palermo, Italy

Titolo del poster: First-Episode Psychosis incidence and cannabis-use patterns in Porto, 2018-2024: the effect of the COVID-19 pandemic

- 6) **Autori:** Daria Clemenzi¹, Giuseppe Maniaci¹, Caterina La Cascia¹, Laura Ferraro¹, Diego Quattrone^{1,2}

Affiliazioni:

¹ Department of Biomedicine, Neuroscience and Advanced Diagnostics, Psychiatry Section, University of Palermo, Palermo, Italy

² Institute of Psychiatry, Psychology & Neuroscience, King's College London, London, United Kingdom

Titolo del poster: The effect of cannabis use on sleep patterns at first-episode psychosis

- 7) **Autori:** Daria Semikina¹, Jodie Lynn¹, Ben Bond², Ethan Cornwell¹, Marta Di Forti^{1,2}

Affiliazioni:

¹ South London and Maudsley NHS Foundation Mental Health Trust, London, United Kingdom

² Institute of Psychiatry, Psychology & Neuroscience, King's College London, London, United Kingdom

Titolo del poster: Life before and after cannabis use: analyses of clinical and functional outcomes from the Cannabis Clinic for Psychosis

- 8) **Autori:** Giulia Trotta¹, Bok-Man Leung¹, Yifei Lang¹, Victoria Rodriguez¹, Monica Aas¹, Lucia Sideli², Kim Wolff¹, Tom P. Freeman³, Luis Alameda¹

Affiliazioni:

¹ Institute of Psychiatry, Psychology & Neuroscience, King's College London, London, United Kingdom

² Department of Human Science, LUMSA University, Rome, Italy

³ Addiction and Mental Health Group, Department of Psychology, University of Bath, United Kingdom

Titolo del poster: The Impact of Childhood Trauma on Paranoia: A Structural Equation Modeling Approach

9) **Autori:** Edoardo Spinazzola¹, Edward Chesney¹, Isabelle Austin-Zimmerman¹

Affiliazioni:

¹ Institute of Psychiatry, Psychology & Neuroscience, King's College London, London, United Kingdom

Titolo del poster: Examining the interplay between genetic load for neuroticism and sleep abnormalities on the risk of psychosis

10) **Autori:** Ivana Clark¹, Peter Langford¹, David Taylor^{1,2}

Affiliazioni:

¹ South London and Maudsley NHS Foundation Mental Health Trust, London, United Kingdom

² Institute of Psychiatry, Psychology & Neuroscience, King's College London, London, United Kingdom

Titolo del poster: Real data on the efficacy of Long Acting Injection Second generation antipsychotic for patients with Dual Diagnosis: a longitudinal observational study

11) **Autori:** Senta Haussler¹, Shengmin Zhang¹, Qiang Li¹, Evangelos Vassos¹

Affiliazioni:

¹ Institute of Psychiatry, Psychology & Neuroscience, King's College London, London, United Kingdom

Titolo del poster: Predictor of outcome among patients with Adult ADHD and a diagnosis of Psychotic disorder

12) **Autori:** Mariaceleste Ciavarella¹, Andrea Quattrone², Alejandro Compared-Sanchez³, Giovanni Martinotti¹, Diego Quattrone^{4,5}

Affiliazioni:

¹ Department of Neurosciences, Imaging and Clinical Sciences, University "G. d'Annunzio" of Chieti-Pescara, Chieti, Italy

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³ Ramon Y Cayal University Hospital, Madrid, Spain

⁴ Department of Biomedicine, Neuroscience and Advanced Diagnostics, Psychiatry Section, University of Palermo, Palermo, Italy

⁵ Institute of Psychiatry, Psychology & Neuroscience, King's College London, London, United Kingdom

Titolo del poster: Prevalence and psychopathology effects of amphetamine use at first-episode psychosis

13) **Autori:** Isinsu Ozen¹, Sohini Pawar¹, Anupam Bhardwaj¹

Affiliazioni:

¹ Cambridgeshire and Peterborough NHS Foundation Trust

Titolo del poster: Audit to assess transition of Young People from CAMHS to Adult Mental Health Services

ACRONIMI

PTSD:

STAR: Study of Trauma And Recovery

SAMP: State-based Autobiographical Memory of Psychosis

ADHD: Attention Deficit Hyperactivity Disorder

ASD: Autism Spectrum Disorder

INFORMAZIONI GENERALI

RESPONSABILI SCIENTIFICI:

Prof. Sir Robin Murray (Institute of Psychiatry, King's College London)

Prof. Marta Di Forti (Institute of Psychiatry, King's College London)

COMITATO SCIENTIFICO:

Prof. Diego Quattrone (Institute of Psychiatry, King's College London)

Prof. Daniele La Barbera (Head of the Department of Psychiatry)

Prof. Erika La Cascia (University of Palermo)

Prof. Anton Grech (Director of Mental Health Services at the University of Malta)

Prof. Giovanni Martinotti (Director of the Psychiatry Inpatient Unit at the University of Chieti-Pescara)

Prof. Laura Ferraro (University of Palermo)

SEDE DEL CONGRESSO

25-28 Maggio 2026- Pontificia Facoltà Teologica di Sicilia

Via Vittorio Emanuele, 463

90134 Palermo

TIPOLOGIA EVENTO

Corso ECM RESIDENZIALE (n. crediti 16)

DURATA DEL CORSO

n. 4 giornate

ID AGENAS: 522 – 475635

L'EVENTO SARÀ ACCREDITATO PER LE SEGUENTI FIGURE PROFESSIONALI:

Professione	Discipline
MEDICO CHIRURGO	NEUROLOGIA; PSICHIATRIA;

Segreteria Organizzativa e Provider ECM

Duerre Congressi Srl (ID Provider 522)

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Chen	Eric	MELBOURNE(AUS)	MEDICINA E CHIRURGIA	PSICHIATRIA	Professor at the Centre for Youth Mental Health at the University of Melbourne
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Di Forti	Marta	LONDRA	MEDICINA E CHIRURGIA	PSICHIATRIA	Professor of Drugs, Genes and Psychosis at the Dept of Social, Developmental and Genetic Research, Institute of Psychiatry, and Honorary Consultant Adult Psychiatrist, Lambeth Community team, South London and Maudsley NHS foundation Trust
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Foster	Russel	OXFORD	MEDICINA E CHIRURGIA	PSICHIATRIA	Professor of Circadian Neuroscience at the University of Oxford

Grech	Anton	GOZO	MEDICINA E CHIRURGIA	PSICHIATRIA	Responsible for the running of the services of the Department of Psychiatry, which constitute of Mount Carmel Hospital, Psychiatric Units in Mater Dei Hospital and Gozo General Hospital, and the community centre
La Cascia	Caterina Erika	PALERMO	PSICOLOGO	PSICOLOGIA	Professore universitario presso il Dip. Biomedicina, Neuroscienze e Diagnostica Avanzata – BIND, Università degli Studi di Palermo
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Tripoli	Giada	PALERMO	PSICOLOGIA	PSICOLOGIA	Research Fellow Unit of Psychiatry, A.O.U.P. P. Giaccone, Palermo, Italy
Zabbia	Giovanni	PALERMO	MEDICINA E CHIRURGIA	CHIRURGIA PLASTICA E RICOSTRUTTIVA	Dirigente medico di Chirurgia Plastica e Ricostruttiva del Policlinico P.Giaccone di Palermo

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I CV dei relatori/moderatori sono archiviati e consultabili presso l'ente accreditante