



Via Lucullo n. 3, 00187 Roma ☎ Tel:+39 06 66514670 📠 Fax:+39 06 66514670 ✉ e-mail: doriacolonna@qualitycongress.it

## WOMEN IN IBD – 2° EDIZIONE

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Roma, 8-9 Maggio 2026

Hotel St. Martin – Via S. Martino della Battaglia, 58

Responsabili scientifici:

Dottorssa Federica Furfaro (UO Gastroenterologia e Endoscopia Digestiva IRCCS Ospedale San Raffaele)

Dottorssa Daniela Pugliese (UOS Gastronterologia Gemelli Isola Fatebenefratelli)

### Preliminary Program

- **DAY 1 – FRIDAY, MAY 8**

12:15 – 13:20 | Welcome Lunch & Networking

Federica Furfaro & Daniela Pugliese

- **SESSION I – 13:20–15:15**

### **CHALLENGE THE PARADIGMS – Unlearning what we thought we knew**

*Chairs: Beatrice Principi – Maria Cappello*

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13:20 – 13:40 | Angela Variola

Case: A 29-year-old woman in long-term clinical remission on 5ASA with endoscopic activity

Topic: The Myth of the “Stable” Patient: When Clinical Remission Isn’t Enough

13:40 – 14:00 | Cristina Bezzio

Case: A young CD male patient escalated to biologics based on calprotectin alone

Topic: Do Guidelines Reflect Real Life? Are We Really Using a T2T Approach?

14:00 – 14:20 | Linda Ceccarelli

Case: A flare in a patient with “normal” CRP and faecal calprotectin

Topic: When Biomarkers Don’t Help: The Limits of Surrogate Markers

14:20 – 14:40 | Anna Viola

Case: An elderly patient eligible for escalation but a suboptimal therapy is preferred

Topic: Therapeutic Inertia: Clinical Barrier or Systemic Failure?

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14:40 – 15:15 | **Live Panel Discussion:** Are We Overtreating or Undertreating IBD? Differences Between UC and CD?

## LECTURE – 15:15 – 15:40

*Chair: Federica Furfaro*

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**Lecture:** The Evolution of IBD Care and Caregiving: From Adolescence to Old Age Fabiana Castiglione

15:40 – 16:00 | Coffee Break

- **SESSION II – 16:00–17:40**

## NEXT-GEN DECISIONS — IBD Treatment in 2030

*Chairs: Roberta Pica – Emma Calabrese*

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16:00 – 16:20 | Carla Felice

Case: CD patient classified as B2 without obstructive symptoms

Topic: Customizing Treatment Beyond Phenotype: From Risk Models to Multi-Omics

16:20 – 16:40 | Fabiana Zingone

Case: Multi-refractory CD, not suitable for trials or surgery

Topic: Treatment Cycling? Combination Therapy? Other?

16:40 – 17:00 | Annalisa Aratari

Case: 17-year-old girl asks for a treatment plan preserving fertility

Topic: Biologics vs Small Molecules: Safety, Simplicity, and Strategy

17:00 – 17:20 | Anna Testa

Case: A physician with Crohn's designs predictive dashboard

Topic: AI and Predictive Models in Clinical Practice

17:20 – 17:40 | *Discussion:* Audience Q&A

17:40 – 18:00 | Sponsor Lecture

18:00 – 18:20 | Sponsor Lecture

18:20 | End of Day 1



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- **DAY 2 — SATURDAY, MAY 9**

- **SESSION III — 09:00–10:30**

**BEYOND THE GUT — IBD Is Not Only Intestinal**

*Chairs: Rachele Ciccocioppo – Sara Renna*

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09:00 – 09:20 | Giorgia Bodini

Case: Pregnant woman with IBD in 2nd trimester, perianal symptoms

Topic: Pregnancy and IBD: Shared Decisions, Shared Risks

09:20 – 09:40 | Angela Bertani

Case: Patient with persistent fatigue and anxiety despite endoscopic healing

Topic: IBD and Mental Health: Why It Still Isn't Routine

09:40 – 10:00 | Sara Onali

Case: Patient with IBD, obesity, type 2 diabetes

Topic: Comorbidities in IBD: Prioritizing in Complexity

10:00 – 10:30 | Audience Q&A — Holistic IBD Care: What Are We Still Missing?

10:30 – 10:50 | Coffee Break

**LECTURE – 10:50 – 11:20**

*Chair: Daniela Pugliese*

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**Inspirational Lecture** — Anna Kohn

Leadership, Burnout and Balance in Medicine

Not Just Gender: Driving Excellence in IBD Through Diversity

- **SESSION IV — 11:20–12:45**

**DISRUPTIVE SCIENCE — From Bench to Bedside**

*Chairs: Mariangela Allocca – Livia Biancone*

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11:20 – 11:40 | Lucrezia Laterza

Case: Patient undergoing repeated FMT for UC

Topic: Microbiome Engineering: Trend or Treatment?



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11:40 – 12:00 | Brigida Barberio

Case: 38-year-old woman with active CD and renal cancer

Topic: Oncologist's Patient or Ours? Balancing Need and Safety

12:00 – 12:15 | Olga Nardone

Case: 42-year-old woman with liver transplant, UC and dysplasia

Topic: Prevention, Surveillance and Surgery

12:10 – 12:30 | Laura Cantoro

Case: New model for risk stratification in CD

Topic: Rethinking Disease Severity: What Truly Drives Therapeutic Decisions?

12:30 – 12:45 | Open Discussion — Innovation Without Application Is Just Hype

#### • **SESSION V — 12:45–13:15**

#### **VOICES AND VISIONS: Women Who Transform IBD**

12:45 – 13:15 | Discussants: Fabiana Castiglione - Anna Khon - Laura Melotti – Marta Venero

Roundtable & Open Floor: Building research teams, funding clinical ideas, advocacy, 3-minute pitches

13:15 – 13:30 | Closing Remarks & Call to Action — This Is Not the End...

13:30 – 13:50 | Sponsor Lecture

13:50 | End of Day 2

#### **RAZIONALE SCIENTIFICO**

Il congresso *Women in IBD* nasce dall'esigenza crescente di valorizzare il contributo scientifico delle ricercatrici e delle cliniche nell'ambito delle Malattie Infiammatorie Croniche Intestinali (IBD), un settore in continua evoluzione dove l'innovazione terapeutica e la comprensione dei meccanismi patogenetici richiedono un approccio multidisciplinare e inclusivo. L'evento si propone come piattaforma autorevole per favorire il confronto su temi di elevata rilevanza clinica e traslazionale, promuovendo al contempo leadership femminile e pari opportunità nel mondo della gastroenterologia.

Grazie alla partecipazione di relatrici di riconosciuto profilo scientifico, esperte in aree quali immunologia, diagnostica avanzata, gestione delle terapie biologiche e medicina personalizzata, il congresso offre una panoramica aggiornata sulle evidenze più recenti e sulle prospettive future nella gestione delle IBD. L'approccio integrato delle speaker consente di approfondire aspetti complessi quali la stratificazione del rischio, l'ottimizzazione terapeutica, il ruolo dei biomarcatori emergenti e l'impatto del genere nelle manifestazioni cliniche e nelle risposte ai trattamenti.



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